



Groups - Days, Evenings, Weekends  
Child and Adolescent Services  
Supported Accommodation  
Supported Employment  
Individualised Support  
Support Coordination  
**50 Lalor Street**  
**P.O. Box 86**  
**Portland VIC 3305**

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**Child and Adolescent Supports** - All participants must have funding from NDIS or other. In-home and community supports are available if funded.

**Children's Activities - up to age 13**

**Children's Breakaway Days** are activity-based groups.

When: Group 1 Monthly on 2<sup>nd</sup> and 4<sup>th</sup> Saturdays 10 am – 3 pm

Group 2 Monthly on 1<sup>st</sup> and 3<sup>rd</sup> Saturdays 10 am – 3 pm

Out of pocket cost: listed on program guides

**School Holiday Programs.** Fun activities, supervised by trained staff.

When: Group 1 Mondays and Thursdays in all school holidays 10 am - 3 pm.

Group 2 Tuesdays and Fridays in all school holidays 10 am - 3 pm.

Out of pocket cost: listed on program guides

**Teenager's Activities 13 to17 (occasionally 18)**

**Teen R & R** Activity-based, social & recreational youth group.

When: Weekly during school terms 3 pm – 6 pm

Out of pocket cost: \$5

**School Holiday Programs** Varied activities

When: Mondays 5 – 9 pm and Wednesdays 1-5 pm

Out of pocket cost: listed on program guides

**Lego Group Under 18yrs**

When: Fortnightly Wednesdays 4.30 pm – 7 pm

Out of pocket cost: \$10 (includes meal)

**Power Puff Girls Under 18yrs**

When: Monthly on 2<sup>nd</sup> and 4<sup>th</sup> Mondays 4.30 pm – 7.30 pm

Out of pocket cost: listed on program flyers (meals included)

**Guys Youth Group Under 18yrs**

When: Once per month – Day and time varies

Out of pocket cost: listed on program guides

**These groups do not run on Public Holidays or between Christmas and New Year.**

**All groups start and finish at 50 Lalor St, Portland.**

**More details of activities are available on program plans.**